

### **VOLLEYBALL**

### **Required:**

- Uniform tops (navy&white), Uniform shorts (dark), Uniform socks (navy&white)
- Court shoes
- Knee pads
- Water bottle

#### **Recommended:**

- Ankle braces for front row players
- Volleyball

# **FLAG FOOTBALL**

### **Required:**

- Uniform tops (navy&white), Uniform shorts (navy no pockets), Uniform socks (navy&white)
- Football cleats
- Mouthguard
- Large water bottle

#### **Recommended:**

Gloves

# **SOCCER**

#### **Required:**

- Uniform tops (blue&white), Uniform shorts (blue&white), Uniform socks (blue&white)
- Soccer cleats
- Shin guards
- Large water bottle
- Goalie glove for goalie

#### **Recommended:**

Soccer ball

### **BASEBALL**

### **Required:**

- Uniform tops (navy&gray); Uniform pants (gray) and belt, Uniform socks (navy&gray); Uniform hat
- Baseball cleats
- Baseball mitt/glove
- Baseball helmet
- Water bottle

#### **Recommended:**

Baseball bat

## **BASKETBALL**

### **Required:**

- Uniform tops (navy&white); Uniform shorts (navy); Uniform socks (navy&white)
- Basketball/court shoes
- Water bottle

#### **Recommended:**

Basketball

# TRACK/CROSS COUNTRY

### Required:

- Uniform tops (navy&white); Uniform shorts (navy)
- Running shoes
- Water bottle

#### **Recommended:**

Long-distance running spikes (1/4")